

# Basic Life Support Chart

**D**

## DANGER

Ensure the area is safe for yourself, others and the patient.



**R**

## RESPONSE

Check for response - ask name - squeeze shoulders.

**No response**



**Response**

- Make comfortable
- Monitor response



**S**

## SEND FOR HELP

Call for an ambulance or ask another person to make the call.



**A**

## AIRWAY

Open mouth—if foreign material present. Place in recovery position. Clear airway with fingers.



**B**

## BREATHING

Check for breathing—look, listen, feel

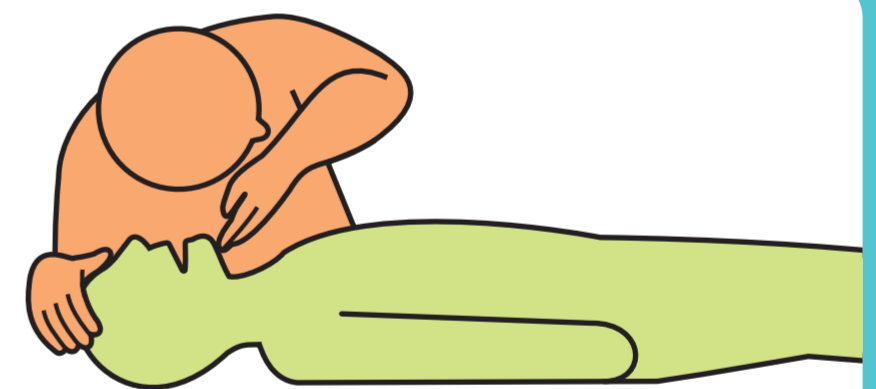
**Not normal breathing**

Start CPR



**Normal breathing**

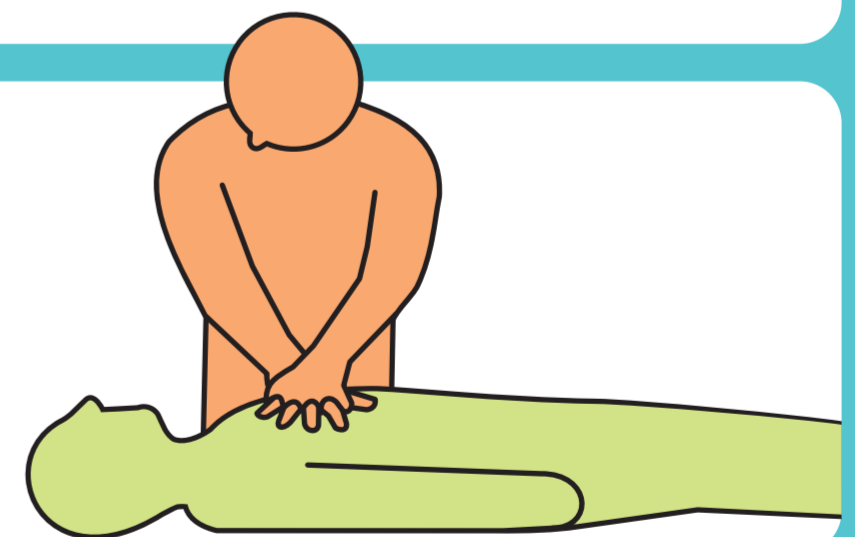
- Place in recovery position
- Monitor breathing



**C**

## CPR

Start CPR—30 chest compressions : 2 breaths. Continue CPR until help arrives or patient recovers.



**D**

## DEFIBRILLATION

Apply defibrillator if available and follow voice prompts.

